

GOODS & SERVICES:

Eldercare Services:

Ellen Tolle, RN, MPS

579 Monroe Street
Cedarhurst, NY 11516
Phone: (516) 569-2357
Email: tollecares@gmail.com
www.tollecares.com

Family Advocacy:

Care Answered

Contact: Nicole Christensen
Phone: (516) 584-2007
Email: Nicole@careanswered.com
www.careanswered.com

Financial:

First Bank

Contact: Rick Cashman,
Reverse Mortgage Specialist
926 Sunrise Hwy.
West Babylon, NY 11704
Phone: (516) 458-7320
Email: manwithcash@optonline.net

Centerpoint Funding Corp.

Contact: Reneé Richter
Reverse Mortgages
392 Hillside Ave, Suite 5
Williston Park, NY 11596
Phone: (516) 931-3003
Email: centerpointmtge@gmail.com

Forest Hills Financial Group

200 Broadhollow Road, Suite 405
Melville, NY 11747
Phone: (631) 870-6819
Email: brian_buglino@fhfg.com
www.fhfg.com

Karp Loshak Long Term Care Insurance Solutions

70 Mimosa Drive
Roslyn, NY 11576
Phone: (516) 801-1419
www.karploshak.com

Holst Hessel & Associates

Merrill Lynch, Pierce, Fenner & Smith Inc.
Contact: Brian Hessel or John Holst
300 Broadhollow Road, 3rd Floor
Melville, NY 11747
Phone: (631) 944-9661
Email: brianhessel@ml.com
john_holst@ml.com

New York Life Insurance Company

Contact: Jacqueline Strait
570 Expressway Drive South, Suite 1A
Medford, NY 11763
Phone: (631) 513-5981
Email: jastrait@ft.newyorklife.com

United Mortgage Corp.

Contact: Michael S. Vernon
Reverse Mortgages
25 Melville Park Rd, Suite 100
Melville, NY 11747
Phone: (917) 863-5709
Email: mvernon@unitedmortgage.com
www.unitedmortgage.com

Geriatric Care Managers:

AMR Care Group

Anne Markowitz Recht, LMSW, CMC
500 N. Broadway, Suite 222
Jericho, NY 11753-2127
Phone: (516) 605-0434
Fax: (516) 605-0433
www.amrcaregroup.com

Caring Alternatives

Mary Di Sario, R.N.
147 Radcliff Drive West
East Norwich, NY 11732
Phone: (516)922-5947
Email: caringalt@aol.com

Dreisin Eldercare, Inc.

Steven Dreisin, MPS, CMC
82 Main Street, Suite 300
Huntington, NY 11743
Phone: (631) 425-0700
Email: dreisin@hotmail.com
www.dreisineldercare.com

Long Island Geriatric Services

Mariyln Mohsin, LMSW
Phone: (516) 422-2025
Email: LongIslandGeriatrics@gmail.com

IKOR of North Shore LI

Life Management Services

1615 Northern Blvd, Suite 103
Manhasset, NY 11030
Phone: (516) 472-0138
Email: dan.goldberg@ikorglobal.com
www.ikorglobal.com/north-shore-li

LIParentCare

Meghan Healy-Fitch, BA

(Certified in Geriatric Care Ministry)

Phone: (631) 987-8083

Fax: (631) 868-3091

Email: mfitch@liparentcare.com

www.liparentcare.com

Senior Placement Services

Contact: Virginia Belling, R.N., M.S.

1130 Broadway, Suite 230

North Massapequa, NY 11758

Phone: (516) 679-7400

Fax: (516) 679-7402

Transitions Elder Care LLC

Marti Pagartanis & Kathy Pagartanis

100 N. Country Rd, Suite 1

Setauket, NY 11733

Phone: (631) 604-9550

www.transitions-ec.com

Your Life & Care Ltd.

Lisa M. Albano

20 Francesca Drive

Oyster Bay, NY 11771

Phone: (516) 381-2264

Email: lisa@yourlifeandcare.com

Home Modification/Security Assistance:

ADT Security Systems

Contact: Chris Ridam

50 Republic Rd.

Melville, NY 11747

Phone: (516) 557-4891

Email: cridak@adt.com

www.adt.com

Aging in Place Architecture, PLLC

Heather Brin, Architect

2 Inwood Road
Port Jefferson, NY 11777
Phone: (631) 509-5666
hbrin@aginginplacearchitect.com

Frangeli Consulting & Design
Frank Gucciardo, M.S., P.T., C.A.P.S., C.G.P.
1401 Lakeland Ave
Bohemia, NY 11716
Phone: (631) 486-4859
Toll Free: (866) 618-7685
Frank@Frangeli.com
www.Frangeli.com

Managed Long Term Care:

Aetna Better Health of New York
Contact: Maggie Gonzalez
55 West 125th Street, Suite 1300
New York, NY 10027
Phone: (516) 272-2428

CenterLight Healthcare
Contact: Liliana Vargas
555 Albany Avenue
Amityville, NY 11701
Phone: (646) 689-1247
Email: lvargas@centerlight.org
www.CenterLightHealthcare.org

Fidelis Care
Contact: Nelya Orlich

95-25 Queens Blvd.
Rego Park, NY 11374
Phone: (718) 896-6500, Ext. 11257
Toll Free: 1-800-688-7422, Ext. 11257
Email: norlich@fideliscare.org
www.fideliscare.org

Medicaid Services:

AMR Care Group

Contact: Anne Markowitz Recht, LMSW, CMC
500 N. Broadway, Suite 222
Jericho, NY 11753-2127
Phone: (516) 605-0434
Fax: (516) 605-0433
www.amrcaregroup.com

Connecting Hand II

Contact: Wendy Williams
3424 Westminster Road
Oceanside, NY 11572
Phone: (516) 678-8665
Email: connectinghand@aol.com
www.connectinghandltd.com

Guiding Light for Seniors

Help with Medicaid Services
Mary Ann Kuntz
182 Linden Street
Rockville Center, NY 11570
Phone: (516) 536-5760
maryannkuntz@aol.com

Lori Shibilu
30 Hook Lane

Levittown, NY 11756
Phone: (516) 731-4018
lshibilo@aol.com

In Good Hands

Contact: Michele Albohn, CMP & Alissa Laffer
P.O. Box 788
Smithtown, NY 11787
Phone: (631) 946-1918
Email: ingoodhandsmedicaid@gmail.com
www.ingoodhandsmedicaid.com

LIFE, Inc.

(Pooled Trust Services)

Contact: Jennifer Katz, Esq.
112 Spruce Street, Suite 5
Cedarhurst, NY 11516
Phone: (516) 374-4654
Email: JKatz@lifetrusts.org
www.lifetrusts.org

Positive Planning Now, LLC **(Queens, Nassau and Suffolk)**

Contact: Pam Klagsbrun, MPS
Certified Senior Advisor/Medicaid Specialist
Phone: (516) 606-9644
Email: pam@positiveplanningnow.com

Senior Guidance

Contact: Kaitlyn Dassau
955 Main Street, Suite 5
Holbrook, NY 11741
Phone: (631) 981-1172
Email: srconsultant@aol.com

WhiteGlove Consulting

1122 Coney Island Ave, Suite 201

Brooklyn, NY 11230
Phone: (718) 878-3666
Email: info@whitegloveconsultants.com
www.WhiteGloveConsultants.com

Medicare Services:

Senior Health Plan Specialists

Gracemarie Horan-Luce
140 Adams Ave., Suite B-11
Hauppauge, NY 11788
Phone: (631) 559-7500
Email: grace@seniorhealthplanspecialists.com
www.seniorhealthplanspecialists.com

Health Insurance

Andrew Terc
33 Hofstra Dr
Greenlawn, NY 11740
Phone: (631) 807-7889
Email: agterc@gmail.com

Medical Alert:

ADT

Medical Alert Systems
Contact: Chris Ridam
50 Republic Rd.
Melville, NY 11747
Phone: (516) 557-4891
Email: cridam@adt.com
www.adt.com

CareLink

Personal Emergency Response System
Contact: Ideal Home Care
Phone: (631) 509-5600
www.healthcominc.com

Keep Safe

PO Box 1164
Westhampton Beach, NY 11978
Phone: (631) 801-2021
Toll Free: 866-869-4335
Email: LVonhof@specialtyProducts-Inc.com
www.KeepSafe-gps.com

Nassau County Police Dept. REACH Program*

(The R.E.A.C.H. Program assists in the recovery of missing people who suffer from a cognitive disorder in Nassau County.)

Contact NCPD's Asset Forfeiture Unit to enroll your loved one.

Phone: (516) 573-5775

*For Residents of Nassau County only

Suffolk County Sheriff's Office

Project Life Saver Bureau
Contact: Bryan Stoothoff
100 Center Drive
Riverhead, NY 11901
Phone: (631) 664-7065

Suffolk County Police Department Silver Alert

Bernadette Zimmermann
Special Needs Coordinator
Suffolk County Police
30 Yaphank Ave.
Yaphank, NY 11980
Email: Bernadette.zimmermann@suffolkcountyny.gov

United Lifeline & United Home Services

Personal Emergency Response Services/Auto Alert Buttons, Medication Management, Cellular Units, Sensors, & Discounted Home Maintenance Services

Contact: Stephanie Pacchiano

Phone: 1-800-345-4571

Email: spacchiano@uam.org

www.unitedlifeline.com

Medical /Alzheimer's Supplies:

The Alzheimer's Store

Contact: Barbara/Bruce Barnet
1936 Hempstead Turnpike, Suite 252
East Meadow, NY 11554
Phone: 1-800-752-3238
www.alzstore.com

Amramp

350 Marconi Blvd.
Copiague, NY 11726
Phone: (631) 464-4600
www.amramp.com

C&C Homecare

125 Newtown Road, Suite 300
Plainview, NY 11803
Phone: 1-800-244-4660
Direct Phone: (516) 390-2848
Cell: (631) 445-1692
Email: joseph.mcgovern@candchomecare.com

Medline Industries, Inc.

Kristin Griffiths-Transition Care Manager
Cell Phone: (917) 521-9561
Email: KGriffiths@medline.com
Phone: 1-800-MEDLINE
www.medline.com

Precision Pharmacy

Contact: Jack Neubert
665 Middle Neck Rd.
Great Neck, NY 11023
Phone: (516) 984-8210
Email: jneubert@PrecisionLTC.com
www.PrecisionLTC.com

Harpell Pharmacies

Contact: Kyle Lewis
12-65 150th Street
Whitestone, NY 11357
and
33-08 Ditmars Blvd
Astoria, NY 11105

Phone: (718) 767-7868
Cell Phone: (914) 471-2345
Email: kyle@harpellrx.com
www.harpellrx.com

Lewin Medical Supply

Contact: Keith Lewin
Main Office: 165 Oliver Street
Riverhead, NY 11901
Phone: (631) 727-7006
Fax: (631) 727-7008

Branch Office: 3655 Route 112
Coram, NY 11727
Phone: (631) 716-4040

LifeVac

149-09 183rd Street
Springfield Gardens, NY 11413
Phone: 877-LIFEVAC
www.lifevac.net

NY Home Health Care

30 Hopper St.
Westbury, NY 11590
Phone: (516) 333-2473
www.nyhhc.com

Telivita

527 Townline Rd., Suite 202
Hauppauge, NY 11788

Phone: (631) 257-5509

www.telivita.com

Ultra Medical Supply

Contact: Michele Diskind

Cell Phone: (631) 637-6612

Phone: (631) 270-3610

Email: micheled@ultramedicalsupply.com

www.ultramedicalsupply.com

101 Mobility Long Island

John Micheilini-President

55 Central Ave Unit B

Farmingdale, NY 11735

Phone: (516) 500-3100

Email: jmichielini@101mobility.com

longisland.101mobility.com

Moving/Housing Assistance:

A Better Choice Elder Care

Assists families with placement in the community

101 Eisenhower Parkway – Suite 100

Roseland, NJ 07068

Contact: Karen Fallon

Phone: 855-315-9700

Cell: 516-527-3960

Email: Kfallon@abceldercare.net

www.abceldercare.net

A Place for Mom

Free Eldercare Referral Service

Contact: Diane Pelella

Phone: (866) 333-9358

Email: Diana@aplaceformom.com

Care Patrol of Long Island

Free Service to Families

Contact: Sharon & Bruce Ritter (Certified Senior Advisors)

Phone: (516) 960-2733

Email: sritter@carepatrol.com

britter@carepatrol.com

www.carepatrol.com

Island Transitions

(Moving service that specializes in moving senior citizens)

Contact: Kathleen Mazza, President

248 Rte. 25A, Suite 87

East Setauket, NY 11733

Phone: (631) 421-3781

Cell: (631) 816-6886

Email: Kathleen@islandtransitions.us

www.islandtransitions.us

Memories on the Move

Certified Relocation and Transition Specialists

Contact: Diane Landau

Phone: (516) 357-9820

www.nycrts.com

Nothing Forgotten

Contact: Laura Olivares

Phone: 877-470-4687

Cell: 847-331-9186

Email: laurao@nothingforgotteninc.com

www.nothingforgotteninc.com

Senior Assisted Living Placement

Contact: Geta MacArthur, Placement Specialist

Phone: (516) 353-9599



Email: gmacarthur@seniorassistedlivingplacement.com
www.seniorassistedlivingplacement.com

SAMMS-Senior Adult Move Management Services

111 Great Neck Road, Suite 307
Great Neck, NY 11020

Contacts: Lynne Kleinman

Phone: (516) 773-3273

Email: samms100@gmail.com

Ellen Blank

Phone: (516) 319-5442

Email: samms400@gmail.com

www.samms100.com

Senior Service Assistants, LLC

Contact: Judy Torre-Certified Move Manager

124 Locust Street

Floral Park, NY 11001

Phone: (516) 721-7537

Email: judyt.ssa@gmail.com

www.seniorserviceassistants.com

Moving/Home Sale Assistance:

Patricia LaRosa, CSRES

Century 21AA

1596 Straight Path

Lindenhurst, NY 11757

Phone: (631) 226-5995, Ext 281

Cell: (631) 786-1810

Email: PatL@Century21AA.com

Lisa Albinowski

Realty Connect USA

Phone: (631) 870-7470

Cell: (631) 793-7329

Email: Lisa@Lisabroker.com

www.LisaAlbinowski.com

Corinne Trubia, SRES

REMAX Alliance

791 Route 25A
Miller Place, NY 11764
Phone: (631) 209-1873
Cell: (631) 697-7795
Email: corinnetrubia@remax.net
www.corinnetrubia.remax-ny.com

Personalized Care Planning:

CreativeCaregiving Solutions, Inc.

Contact: Melissa Gallagher
26 Railroad Avenue, #227
Babylon, NY 11702
Phone: (631) 796-8477
creativecaregivingsolutions@gmail.com

Relaxation Techniques:

Emotional Freedom Techniques

Contact: Diane Gordon
Phone: (631) 974-4541
Email: diane@efttapping.info
www.efttapping.info

Social Workers:

ISS-Integrity Senior Services

In Home Mental Health Counseling

2381 Hyland Blvd, Suite 13
Staten Island, NY 10306
Toll-Free: (800) 277-4680
Email: info@integrityseniorservices.com

www.integrityseniorservices.com

Dawn Friedland-Perez, LCSW

Psychotherapy for the elderly

12 Woodstork Drive
Mt. Sinai, NY 11766
Phone: (631) 331-2690

Helen Beegel, LCSW

Family and Caregiving Counseling

By Appointment/Medicare Provider
Phone: (516) 244-6291

Email: HFB160@optonline.net

Virginia Cash, LCSW

PO Box 265
Stony Brook, NY 11790
Phone: (631) 428-0902
Fax: (631) 751-0959
Vcash5msw@aol.com

Nina Dobris, LCSW

North Shore LIJ

88-11 165th St., Suite 900
Jamaica, NY 114332
Phone: (718) 925-6325
Cell: (516) 652-3964
ndobris@nshs.edu

Lynwana Johnson, LMSW

Legacy Ledger

734 Franklin Avenue #151
Garden City, NY 11530
Phone: (516) 481-0546
www.LegacyLedger.com
Lynwana@LegacyLedger.com

Joan G. Weinstein, LCSW-R

Social Work Counseling

496 Smithtown Bypass, Suite 304
Smithtown, NY 11787
Phone: (631) 974-4442
jgwspeed@aol.com

Brandi Carney, LCSW
Veterans Affairs/Caregiver Support Coordinator

Social Work Services
79 Middleville Road
Northport, NY 11768
Phone: (631) 261-4400, ext. 7684
Fax: (631) 266-6029
Email: brandi.carney@va.gov

Lucy W. Aptekar, LCSW-R
Evolve Physicians

3375 Park Avenue, Suite 3007
Wantagh, NY 11793
Phone: (516) 761-8827
Email: lwaptekar@optonline.net
www.evolvephysicians.com

Gina Aiello, LMSW
Caring From The Heart LLC

(Medicaid Specialist)
44 Hillview Avenue
Port Washington, NY 11050
Phone: (516) 944-0110
Email: gina@caringfromtheheart.net

Paula Pagan, LCSW-R
Long Island Elder Care

(Medicaid Specialist)
732 Smithtown Bypass, Suite A55
Smithtown, NY 11787
Phone: (631) 320-1070
Email: longislandeldercare@yahoo.com
www.lieldercare.com



Transportation:

Choice Medical Transport

Contact: Barry Goodman, Operation Manager
510 E. Suffolk Avenue
Islandia, NY 11749
Phone: (631) 342-8888
Fax: (631) 342-8870

Community Care-Medical Transport Aide

(Licensed-Medicaid)
300 West Main Street
Smithtown, NY 11787
Phone: (888) 614-559
www.communitycarehhs.com

TLC Transportation

500 Church Street
Bayport, NY 11705
Phone: (631) 467-1122

There are a number of service and non-profit groups on Long Island, as well as town senior departments, who provide free or low-cost rides to local places. Most require a reservation up to two weeks in advance.

Nassau:

City of Glen Cove (516) 676-6182
City of Long Beach (516) 431-1000 ext. 326
Town of Oyster Bay (516) 797-7900
Town of Hempstead (516) 485-8100
Town of North Hempstead (516) 869-7715

Suffolk:

Town of Babylon (631) 422-7618
Town of Islip (631) 224-5686

Town of Southampton (631) 728-1110
Town of Brookhaven (631) 451-6126
Town of Riverhead (631) 722-4444 ext. 290
Town of Southold (631) 298-4460
Town of Huntington (631) 427-8287
Town of Smithtown (631) 265-8811

Able-Ride

Curb to curb transportation for anyone physically or mentally unable to use public transportation. Seniors fill out an application. Fee is \$3.50 each way. Personal care attendants ride free.

Phone: (516) 228-4000 <http://www.nicebus.com>

Suffolk County Accessible Transportation (SCAT)

Curb to curb transportation for anyone who is physically or mentally unable to use public transportation. Seniors must complete an application. In addition to the curb-to-curb service they always provide their riders, Suffolk County Accessible Transportation (SCAT) will also offer Origin to Destination service. This service will allow SCAT drivers to provide basic additional assistance to paratransit riders between curbside and building entrances. To receive such assistance, passengers must request it at the time they reserve their trip. Certain restrictions apply. **Phone: (631) 853-8337**

Additional Resources:

County of Nassau Office for the Aging

60 Charles Lindbergh Boulevard

Uniondale, NY 11553

Phone: (516) 227-8900

www.nassaucountyny.gov

Suffolk County Office for the Aging

H. Lee Dennison Building

100 Veterans Memorial Highway

Hauppauge, NY 11788

Phone: (631) 853-8200

Riverhead County Center

County Road 51

Riverhead, NY 11901

ADRC-Alzheimer's Disease Resource Center
45 Park Avenue, Bay Shore NY 11706
33 Flying Point Road, Southampton NY 11968
www.ADRcinc.org



631-580-5100 phone
631-580-5100 fax
855- 732- 4500 toll free

Phone: (631) 852-1420
www.suffolkcountyny.gov

Project Independence*

(Assists senior residents to remain in their homes as they age)

Town of North Hempstead

Phone: (516) 869-6311

*For Residents of North Hempstead Town only

Please note: In addition to the Offices for the Aging in Nassau and Suffolk counties, both counties in conjunction with the State of New York offer **NY Connects**. **NY Connects** is a program that offers centralized access to long term care services.

Nassau County: www.nassaucountyny.gov/nyconnects
Suffolk County: Email: ny.connects@suffolkcountyny.gov